

PROMOTIONS and READY RESOURCES for FOOD SERVICE MANAGERS

National School Lunch Week: Celebrate an “All-Star School Lunch” during the week of October 12-16, 2009. For more information about this celebration, go to the School Nutrition Association's Web site <http://www.schoolnutrition.org/>.

National School Breakfast Week: Celebrate “Ready, Set, Go!” during the week of March 8-12, 2010. For more information about this celebration, go to the School Nutrition Association's Web site <http://www.schoolnutrition.org/>.

HealthierUS School Challenge: This national challenge recognizes schools that provide students with nutritious meals, nutrition education and adequate levels of physical activity. Take the challenge to receive a Gold, Silver or Bronze Award. For more information contact the Montana Team Nutrition Program or go to the following Web site:
<http://www.teamnutrition.usda.gov/HealthierUS/index.html>

Healthier Montana Menu Challenge: This is Montana's own challenge to recognize schools which serve healthy meals and snacks to students at lunch, breakfast and through an a la carte program, if applicable. You are encouraged to apply and receive statewide recognition for your exemplary efforts in supporting school wellness, sound nutrition and healthy role-modeling through your menu. Technical assistance and training is available from the staff of Montana Team Nutrition Program. The application is located at the following link:
<http://www.opi.mt.gov/schoolfood/healthiermt.html>

Montana Lunchline Listserv: This electronic listserv is a great way to stay connected with the Office of Public Instruction staff and learn from your peers about school nutrition issues. You will receive current information about school nutrition programs, recipes, and ideas to market and promote healthful foods and beverages. To participate, all you need is an e-mail address. Contact Katie Bark by email at kbark@mt.gov if you want to join.

Peer Mentor Network:

Do you have a problem that needs the expertise of another foodservice manager? The Montana Team Nutrition Program has established a network of school food service Peer Educators from schools throughout Montana who can help you with school nutrition issues. The directory of trainers is on our Web site

<http://www.opi.mt.gov/pdf/schoolfood/resources/TN/07PeerConsultDirectory.pdf>

Contact the Montana Team Nutrition Program for more information or for a direct referral to a peer educator.

Eat Smart Play Hard Cafeteria Kit

This toolkit provides an easy way to transform your cafeteria into a place where healthy eating is routine and learning about healthy foods and physical activity is fun. Included are tools and tips to connect the cafeteria with classroom teachers, parents and the community with copy-ready newsletters, bulletin boards, static clings for serving lines and more. Contact Molly Stenberg at Stenberg@montana.edu or at (406) 994-7217 for a kit. All files are accessible at the following website <http://www.opi.mt.gov/schoolfood/cafeteriakit.html>.

Mmm Mmm Montana Poster A poster promoting Montana made foods is available to you while supplies last for your cafeteria. It also has elementary level nutrition education activities for you or educators to use in teaching healthy eating habits to students. This poster was developed by the Montana Department of Agriculture and Montana Team Nutrition Program. Contact Katie Bark at kbark@mt.gov for your copy.

Check out our websites for information on the Fresh Fruit and Vegetable "Snack" Program, Farm to School Programs, nutrition education, food safety/HACCP plans and many more helpful resources.

Montana Farm to School Programs	www.opi.mt.gov/schoolfood/FTS.html
Fresh Fruit and Vegetable Program	www.opi.mt.gov/schoolfood/FFVP.html
Team Nutrition Resources	www.opi.mt.gov/schoolfood/resources.html
Food Safety/HACCP	www.opi.mt.gov/schoolfood/HACCP.html
Nutrition Education Resources	www.opi.mt.gov/schoolfood/nutritioned.html

NEW RESOURCES for FOOD SERVICE MANAGERS

Check out these resources about nutrition and school wellness. Go to the Web sites for more information or contact the School Nutrition Programs office.

Centers for Disease Control and Prevention

- Nutrition Standards for Foods in Schools Fact Sheets for School Administrators, School Staff, Parents and Students
www.cdc.gov/HealthyYouth/nutrition

Food Research and Action Center

- Hunger Doesn't Take A Vacation: Summer Nutrition Status Report 2008
http://frac.org/pdf/summer_report_2008.pdf
- School Breakfast Scorecard School Year 2007-2008
<http://frac.org/pdf/breakfast08.pdf>
- Commodity Foods and the Nutritional Quality of the National School Lunch Program
<http://frac.org/pdf/commodities08.pdf>

Institute of Medicine

- Nutritional Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions
http://www.nap.edu/catalog.php?record_id=12512

Mathematica

- Who Picks Up the Tab? Reducing Payment Errors in School Nutrition Programs
<http://www.mathematica-mpr.com/publications/publications.aspx>

National Dairy Council

- Wellness Activation Kit
www.SchoolWellnessKit.org

National Food Service Management Institute

- Cooks for Kids series of nine 30-minute training programs
<http://www.nfsmi.org/PageController.aspx?pID=43>
- Equipment Purchasing and Facility Design for School Nutrition Programs
<http://nfsmi-web01.nfsmi.olemiss.edu/ResourceOverview.aspx?ID=273>

School Nutrition Association

- School District Charge Policy and Procedure Components
<http://www.schoolnutrition.org/Content.aspx?id=10962>

U.S. Department of Agriculture

- USDA Foods: Healthy Choices. American Grown Fact Sheet
<http://www.commodityfoods.usda.gov>
- Expanding Your Breakfast Program
<http://www.fns.usda.gov/cnd/breakfast/expansion/default.htm>
- Maximizing the Message: Helping Moms and Kids Make Healthier Food Choices
<http://www.fns.usda.gov/fns/corenutritionmessages/Maximizing.htm>
- Season Your Foods Without Salt
<http://www.fns.usda.gov/fdd/facts/nutrition/SodiumFactSheet.pdf>
- Fact Sheets For Healthier School Meals
Developed for school foodservice professionals, these Fact Sheets offer strategies for purchasing, preparing, and serving meals consistent with the *2005 Dietary Guidelines for Americans*.
http://www.fns.usda.gov/tn/Resources/dgfactsheet_hsm.html
- Direct Certification in the National School Lunch Program: State Progress in Implementing Report to Congress
<http://www.fns.usda.gov/ora/MENU/published/CNP/FILES/DirectCert08.pdf>
- Ways to Assist Families During Economic Downturn
http://www.fns.usda.gov/cnd/Governance/Policy-Memos/2009/SP_15-2009_os.pdf
- Tools for Schools – for School Food Service Professionals – The Menu Planner for Healthy School Meals and The Food Buying Guide for Child Nutrition Programs
www.fns.usda.gov/tnforms/fbgorder.html

U. S. Food and Drug Administration

- Employees FIRST Food Defense Awareness Training Kit
<http://www.fda.gov/Food/FoodDefense/Training/ucm135038.htm>

Western Dairy Association

- Breakfast = Achievement – Breakfast in the Classroom in Great Falls
<http://www.westerndairyassociation.org/default.asp?pgid=2846&sid=2>

FOR MORE INFORMATION

Montana School Nutrition Programs

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